

# Comparing the needs of non-traditional and international students

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**Julie Wilson**

**Teaching Fellow at Durham University Foundation Centre**

# Overview

- ❑ **Current internationalisation policies**
- ❑ **Reasons for ‘culture shock’**
- ❑ **Social integration - potential problems and solutions**
- ❑ **Academic integration – potential problems and solutions**
- ❑ **The relevance of EAP for ALL students**

# What is an ‘international’ student?

Durham University’s Vice-Chancellor Professor Higgins (2011):

‘All students are international’

Durham’s Internationalisation Policy: ‘A World University’

Offers a ‘window on the world’ (Campbell, 2011)

All students are joining our ‘Community of practice’

# Global citizenship: a graduate attribute

Examples of these key transferable skills are:

- Self-management
- Learning skills
- Communication skills
- Teamwork
- Problem-solving
- Information Technology



They are equally important for ALL students

(Oxford-Brookes University, 2008)

# Culture Shock

## Factors that can affect transition:

### International students

- Degree of cultural difference between home and host country
- Educational experience
- Home environment
- Previous travel experience
- Individual personality
- Language proficiency

### Non-traditional students

- Degree of cultural difference between home and the university community
- Educational experience
- Home environment
- Previous travel experience
- Individual personality
- Communicative proficiency



# Phases of Culture Shock

(Ryan, 2005, HEA)

1. **Physical shock** - environment, customs and practices
2. **Language shock** – not prepared for fast-pace; colloquial/academic language/
3. **Academic shock** – teaching and learning approaches

❖ **Social shock** (Sovic, 2008)

# Is cultural background the real problem?

- Failure to see students as individuals, with unique needs, experiences, strengths & weaknesses
- Generalisations / stereotyping / labelling/ prejudice  
E.g. Thinking 'Chinese students are shy and quiet' might translate to not asking for the student's contributions in class in order to 'spare embarrassment'
- Culture is not always linked to national boundaries; diversity within culture (Montgomery, 2011)
- Reforms (eg. in China) leading to more 'westernised' and 'internationalised' students (Hou et al, 2011)

# Identifying potential problems

## Social integration

### International students

- Adjusting to independent, communal living
- Isolation, or may tend to group with similar students
- Unfamiliar /uncomfortable with British ways
- Unfamiliar /uncomfortable with 'traditional' student social activities
- Absence of family/friends' support/pressure

### Non-traditional students

- May feel an 'outsider' if living out
- Isolation, or may tend to group with similar students
- Unfamiliar /uncomfortable with international students' ways
- Unfamiliar/uncomfortable with 'traditional' student social activities
- Pressure of family commitments





# Possible solutions

## Effective Induction

- can help with all aspects of initial integration
  - ground rules can be set out clearly, though with some degree of flexibility
  - staff-student relationships can be established
  - a sense of community can develop in group activities
  - good opportunity for questions to be answered
- BUT due to visa issues, some international students may miss this opportunity, so induction process should last all year

# Possible solutions

## Mentoring/Buddy Schemes

- staff can encourage friendship groups
- previous year volunteers can mentor new intake – ie. home Primary Education students can mentor international students
  - BUT some research suggests that this can be patronising/more divisive (us and them).
  - Can be difficult to manage



# Possible solutions

## Field trips/cultural outings

- separate from main university activities – strengthens sense of ‘foundation community’ membership
  - opportunity to invite previous year’s students to join in.
  - bonding opportunity (students/staff) with shared experience
  - enhances appreciation of the area beyond the institution
- cost can be an obstacle
- ❖ research area



# Possible solutions

## Language Cafe

- Informal opportunity for both international and home students to socialise in a safe environment and identify common interests
- Opportunity to use English and other languages to communicate
- Can be used for collaborative revision
- Organisation and timing can be an issue; cost of refreshments



# Identifying potential problems

## Academic integration

### **International students**

- Adjusting to a new schedule of increasingly independent study
- Unfamiliar with required academic practices
- Developing criticality – new perspectives
- Adapting to different assessment criteria
- Engaging with new topics of study
- Group work

### **Non-traditional students**

- Adjusting to full-time, increasingly independent study
- Unfamiliar with required academic practices
- Developing criticality – new perspectives
- Adapting to being assessed academically again
- Engaging with new topics of study
- Group work

# Possible solutions:

## Careful monitoring of attendance/progress

- Identify problems earlier – more chance of resolving issues
  - Have a clear policy in place – make sure students know about visa rules and attendance requirements
  - Pastoral/academic mentoring / tutorials / ‘dialogic’ feedback
  - Study-skills support – establish good habits early
- Paradox – need to be overtly prescriptive to promote autonomy



# Possible solutions: encouraging criticality

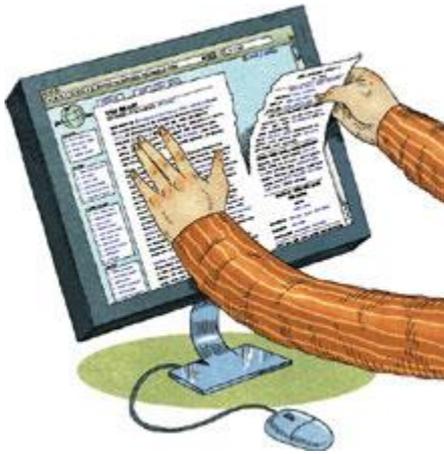
- awareness and understanding of important issues
- open and real discussion
- distinction between empirical fact and opinion
- understanding what is required of progressively more challenging types of question ie.



# Possible solutions: assessment

- open discussion of marking schemes; clear guidelines for assignments
- use of alternative methods of assessment (eg. poster presentation; seminars; portfolios) to encourage and build confidence, especially at the start of the year
- provide constructive feedback - and guidance on how to use feedback effectively
- peer assessment and reflective activities
- moderation process





# Possible solutions: academic malpractice

- clear understanding of the importance of academic integrity in British universities – and the reasons behind this position
- open discussion of what they considered ‘acceptable’ before joining university
- case-studies as cautionary reminder of consequences
- importance of good note-taking
- teaching skills eg. re-phrasing/summarising/referencing

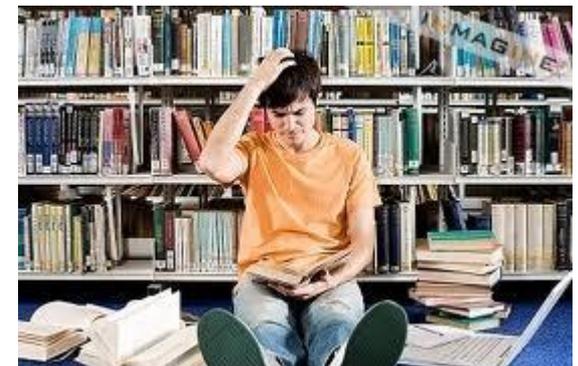
# Possible solutions: cross-cultural group work

- encourage effective collaboration by initially incorporating it more in 'low-stakes' activities (formative) rather than 'high stakes' (summative) (Montgomery, 2011, Northumbria University)
  - research suggests collaborative work is also more effective when groups have prior experience of each other (ibid)
  - use wiki/e-portfolio to monitor contributions (eg. Lowes, 2011, Plymouth University)
- natural instinct to group with 'similar' people (Green and Bressan, 2011)
- ❖ potential research project



# Possible solutions: new topics of study

- encourage discussion of tasks in tutorials/language cafes
- peer support and mentoring
- more choice of modules – though not always possible
  - can be viewed by students as unnecessary when not thought relevant to chosen degree path
  - can also reduce average marks – timing of module?



# Possible solutions: teaching academic skills

## Academic writing



- importance of modelling tasks – in EAP and content modules
- awareness of conventions used in different tasks
- tasks need to be real and challenging – authentic materials and models
- careful selection of subject matter – difficult in mixed classes?
- ❖ Johnson, Shek and Law (1999): ‘Writing as a skill for EAP is the **most deliberate act of communication** that we engage in.’

# Possible solutions: teaching academic skills

## Academic reading and research

- well-planned, staged tasks that have relevance
- overtly taught strategies for reading and research (ie. skim/scan; highlighting key terms etc.)
- Independent research projects related to progression routes
- importance of note-taking



# Possible solutions: teaching academic skills

## Academic listening

- raise awareness of verbal 'discourse markers'
- think about 'top down' and 'bottom up' processing
- use authentic, meaningful materials and live lectures
- encourage effective note-taking skills

## Academic speaking

- lots of structured practice
- identify useful language/phrases
- encourage equal participation

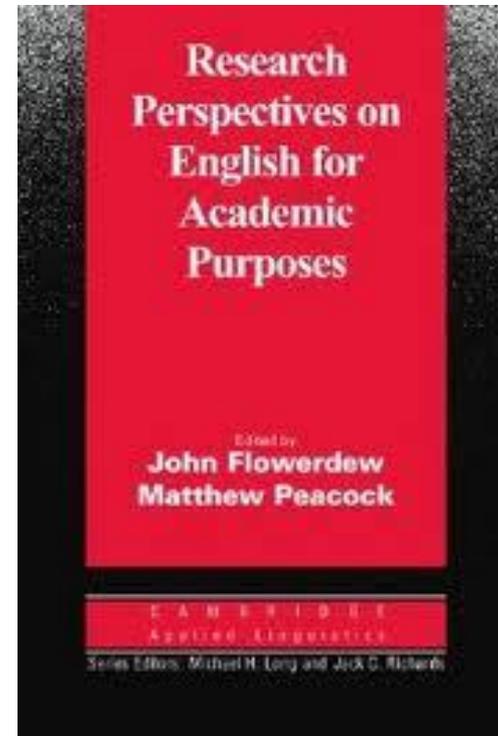


# What is EAP?

- English for Academic Purposes (EAP) - relatively new field of research
- Generally aimed at international students – global need for English
- Not an ‘English language’ course
- Increasingly aware that it can help home students’ performance – especially foundation

# Review of EAP literature

- Response to increasing number of non-native students studying in English medium universities
- Also relevant to non-traditional students' needs



# Of particular interest

- Small language errors less important – **'wide angle'** position that prioritises content in assessment
- Cultural function - EAP aimed at **'demystifying'** use of English in academic settings
- More **collaboration** with subject specialists – how language is used to represent 'target structure'
- **'The literacy teacher needs to educate not only students but also content teachers as to the nature of academic literacy'** (Johns, 2007)

# Does EAP work?

One comment:

**‘What we are probably doing is accelerating students’ acclimatisation to UK academic expectations.’**

(Stavrakakis, Royal Holloway, 2007)



# References

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